School-based Learning Activity of Chinese Culture

Yan Chai Hospital Wing Lung Kindergarten / Child Care Centre

School Name

2022-2023 K1-K3

Academic Year Class

Activity Name

"Rekindling Chinese Sentiments" Event (Part 7) -Chinese cultural essence - "Cuju Football" Young Players

Activity Objectives

- Through video sharing, learn about the origin of Cuju
- By comparing real Cuju and football, understand the differences in material and appearance between the two
- Through the experience of playing Cuju, enhance children's physical coordination and also experience the joy brought by traditional Chinese sports

Activity Overview

FIFA has confirmed that football originated in China, with Cuju being the earliest documented form of football activity. The school has introduced Cuju into its curriculum, integrating it meaningfully with the school's physical education program, organizing a unique Cuju fun match. Players engage in intense competition, kicking and blocking, attacking and defending. As the "ball" rolls continuously under their feet in the fierce contest, they experience a different kind of joy in playing football.

Activity Records (e.g., children's works, photos of the activity, videos)











